



CACFP MILK SERVING CHART



	1 year	2 years	3 through 5 years	6 through 12 years
	Whole Milk	Low Fat (1%) or Fat Free (Skim) Milk Only		
Breakfast <small>*Required at all times</small>	½ cup (4 ounces)	½ cup (4 ounces)	¾ cup (6 ounces)	1 cup (8 ounces)
Lunch/Dinner <small>*Required at all times</small>	½ cup (4 ounces)	½ cup (4 ounces)	¾ cup (6 ounces)	1 cup (8 ounces)
Snack <small>(Not required if there are 2 other creditable components)</small>	½ cup (4 ounces)	½ cup (4 ounces)	½ cup (4 ounces)	1 cup (8 ounces)

Children must be given the complete minimal serving size of milk for the meal to be creditable. If children are (A) served less than the minimal milk required, (B) served the incorrect milk type or (C) served a creditable milk substitute without a filed medical statement by a doctor or medical authority, you are noncompliant with CACFP. Contact QCC for technical assistance for additional assistance.