

Strengthening Families Framework

Everyday Actions That Help Build Protective Factors

Everyday Actions

- Demonstrate ways that parents are valued
- Honor each family's race, language, culture, history and approach to parenting
- Support parents as decision-makers and help build leadership skills
- Help parents understand how to buffer their child during stressful times

- Help families value, build, sustain and use social connections
- Create an inclusive environment
- Facilitate mutual support around parenting
- Promote engagement in the community

- Model appropriate interactions with children
- Provide resources on parenting and child development
- Encourage exploration of parenting issues
- Provide opportunities to try out new strategies
- Address parenting issues from a strength-based perspective

- Respond immediately when families are in crisis
- Provide information and connections to other services in the community
- Help families to develop skills and tools they need to identify their needs and connect to supports

- Help Parents foster children socially and emotionally
- Model nurturing support to children
- Programs include social and emotional development activities
- Help children develop a positive cultural identity
- Respond proactively when social or emotional development seems to need support

Parent Resilience

Social Connections

Knowledge of Child Development

Concrete Support in Times of Need

Social and Emotional Competence of Children

Strengthening Families Optimal Child Development Reduced Likelihood of Child Abuse and neglect