

Celebrate National CACFP week in Georgia



MARCH 10-16, 2024

#CACFPWeek
#QualityCareforChildren
#QCCNutrition

2024 Toolbox Presented by QCC's Nutrition Department

Meet Your Nutrition Leadership Team



Caitlin Vadini

Director of
Nutrition Services



Yolanda Bowen

Assistant Director of
Compliance & Monitoring



Monica Griffin

Assistant Director of
Nutrition & Wellness Initiatives



Ina Lyons

Assistant Director of
Claims and Procurement

Welcome to 2024 CACFP Week with QCC!

Adequate nutrition is critical to children's developing bodies and brains, which is why the Child and Adult Care Food Program (CACFP) plays such an important role in helping many child care providers serve nutritious meals and snacks every day. National CACFP Week gives us an opportunity to make more Georgians aware of this important program, which benefits nearly five million children and adults daily, and to celebrate the work child providers do every day!



3 WAYS TO CELEBRATE NATIONAL CACFP WEEK WITH QCC!

MARCH 10-16, 2024

1. WHERE IS KAZOOKLES? CHALLENGE

Celebrate National CACFP Week with Kazookles, QCC's nutrition mascot! We invite all early care and education programs in Georgia to participate in our "Where is Kazookles?" challenge. Print your own Kazookles from this worksheet, take a photo of her in a unique location, and post the image to social media with the hashtags #WhereisKazookles and #QCCNutrition. Then, the fun begins! Visit us on social media and try to guess where Kazookles is or what she's doing!



Here are some ideas to get you started:

- Kazookles might visit a notable location or landmark in your town.
- Kazookles might be at the farm- real or pretend!
- Kazookles might show up during one of your healthy, delicious meals.
- Kazookles might participate in one of our spirit week themes.

Don't forget to post your images all week using the hashtags #WhereisKazookles and #QCCNutrition

2. PARTICIPATE IN SPIRIT WEEK

- ❑ **Milk Monday:** Take and share a photo of Kazookles to participate in the [“Where is Kazookles” challenge](#).
- ❑ **Test Your Strength Tuesday:** Play Farmer Simon Says from the [Harvest of the Month lesson plan](#).
- ❑ **Water Wednesday:** Create a water station. Check out [this handout](#) about offering water in child care.
- ❑ **Thank You Thursday:** Thank someone who helps make feeding children a success, like your cook or a local farmer. The kids can create thank you letters and drawings, and use this [Certificate of Awesomeness](#).
- ❑ **Fruit and Veggie Friday:** Serve a fresh fruit or veggie at snack time. Try a recipe from our [Harvest of the Month cookbooks or monthly resources](#).

Don't forget to post your images all week using the hashtags #WhereisKazookles and #QCCNutrition

3. TAKE ADVANTAGE OF OUR MENU OF FREE TRAINING!

For National CACFP Week, our nutrition experts are offering three state-approved trainings for **FREE**. Register for one of our virtual trainings on the [Quality Care for Children Trainings](#) webpage. **Reserve your spot now—space is limited!**



Thanks for joining us!

Quality Care for Children sponsors over 600 child care programs across Georgia, serving meals and snacks to more than 17,000 children every day. QCC-sponsored programs receive almost \$4.50 per child each day (breakfast, lunch, and snack), online claiming and direct deposit, free nutrition and wellness trainings, seasonal cycle menus, and menu planning support from a registered dietitian. [Click here to learn more about enrollment.](#)



About QCC

Mission

- ❑ Create a system that equips families and child care providers with the knowledge and resources to nurture and educate Georgia's infants and young children

Vision

- ❑ Every child reaching their full potential



A Better Child Care System for
Georgia's Children, Families
& Economic Future



Why Our Work is Critical



EARLY BRAIN DEVELOPMENT

90% of a child's brain is "hardwired" before the age of 5, setting the groundwork for future learning



EARLY LITERACY GAP

Vocabulary development during the preschool years is related to later reading skills and school success. By age 3, there is a 30-million-word gap between children from the wealthy and poor families



INCREASING COST OF CHILD CARE

40% of a low-income family's budget can easily be spent on child



CHILDHOOD HUNGER & POVERTY

26% of children in Georgia live in food insecure homes, and more than 24% live below the poverty level

Contact QCC

- ❑ **Child Care Questions & Referrals**
support@qccga.org
(877) 255-4254
- ❑ **Child Care Provider Training**
training@qccga.org
(404) 479-4230
- ❑ **Quality Rated Support**
gwennet.henry@qccga.org
(404) 479-4230
- ❑ **Food & Nutrition Programs**
healthykids@qccga.org
(404) 479-4253
- ❑ **General Inquiries**
info@qccga.org
(404) 479-4200



WANT TO MAKE A BIG IMPACT?
Donate at qccd donate.org

Platinum
Transparency
2022

Candid.



www.qccga.org

3 Corporate Blvd. NE, Suite 230

Atlanta, GA 30329

(404) 479-4200



www.qccga.org | [@qccgeorgia](https://www.instagram.com/qccgeorgia)