



# Blueberry Activities

Here are some activities you can implement in your classrooms that connect to the Georgia Early Learning and Development Standards (GELDS).

## Blueberry Playdough

CD-CR2 The child will create and explore visual art forms to develop artistic expression.

What you'll need:

1 cup flour

¼ cup salt

2 tbsp. cream of tartar

1 envelope unsweetened Berry Blue Kool-Aid

1 cup water

1 tbsp. vegetable oil

To make:

1. Mix flour, salt, cream of tartar, Kool-Aid and water in medium saucepan. Stir in oil.
2. Mix over medium heat for 3-5 minutes until mixture forms a ball in the center of pan. Dough will start darkening in color.
3. Remove from pan. Knead until soft.
4. Store in airtight container or Ziploc bag.

# Oatmeal Blueberry Bread

**PDM2.2a** Prepare nutritious snacks with adult assistance

## Ingredients

- 1 cup flour, whole wheat
- 1 cup flour, all-purpose
- 1 cup oats, dry
- 1/2 cup sugar
- 1 1/2 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon allspice
- 1/4 teaspoon salt
- 3/4 cup milk
- 1/2 cup coconut oil
- 2 large egg
- 1 1/2 cup blueberries

## Instructions

1. Preheat the oven to 350 degrees F. Grease an 8x4-inch bread pan with cooking spray; set aside.
2. Whisk together dry ingredients (flours, oats, sugar, baking powder, soda, allspice, and salt).
3. Add milk, coconut oil, and eggs; stir just until combined.
4. Gently fold in blueberries.
5. Bake for 1 hour or until a toothpick inserted near the center comes out clean. Allow to cool for 10 minutes before removing from the pan to cool completely.

## Basket of Blueberries

**APL2** The child will demonstrate interest and curiosity.

Have children use a cork to make blueberries on a piece of paper with blue paint. When it is dried, glue popsicle sticks to create a simple basket shape.

[Harvest for Healthy Kids](#) has a free activity kit on blueberries!

[Teachers Pay Teachers](#) has blueberry resources for purchase.

