



## Root Vegetables Activities and Resources

Here are some activities you can implement in your classrooms that connect to the Georgia Early Learning and Development Standards (GELDS).

[Harvest for Healthy Kids](#) has free resources that includes activity plans, picture cards, newsletters, and recipes.

[Artsy Momma](#) has over 12 carrot crafts and art projects for kids.

[Scholastic](#) has lesson plans to teach children about carrots!

Find root vegetable activities at [Play Ideas](#).

Let's spread the word! Use **#GAFarmtoECE** when posting images of these activities on social media.

### Carrot Rip Art

**PDM6: The child will demonstrate fine motor skills.**

**CD-CR2: The child will create and explore visual art forms to develop artistic expression.**

Supplies: Orange and green paper, scissors and large white paper.

Step 1: Read ***Carrot Soup*** by John Segall. Children will learn that carrots grow underground and the leaves grow above ground.

Step 2: Trace the child's hand and cut out. This will be the carrot top.

Step 3: Start ripping orange paper into small pieces.

Step 4: Cut out the carrot. Glue the pieces on the sheet. Have the children overlap the pieces too.

Step 5: Glue handprint for greenery on carrot.

[www.qualitycareforchildren.org/farm-to-ECE](http://www.qualitycareforchildren.org/farm-to-ECE)

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